

WHO ARE WE?



The Tillsonburg Senior Centre provides high-quality, inclusive recreational programs for those age 50+ which support physical, mental, and social wellbeing.

Whether you want to meet new people, learn a new skill, or just get out and enjoy time with your peers, the Senior Centre is the place to be. We offer reasonable annual membership rates, a nicely-equipped two-storey facility, highly-trained instructors who are knowledgeable about senior health and fitness, and friendly staff who understand the importance of maintaining a healthy active lifestyle in the senior years.

Why Choose Us?

Affordable
and
Accessible

Safe Environment

Supportive Peers

Experienced
Teachers